

Gogi  
Dandelion  
Lemon Tea



**RECIPE**



Combine  
**1 handful of gogi berries**  
with **8 oz of hot water**

Add **1 TBS of dried dandelion**  
to hot water

Squeeze **1-2 lemons**  
into the water

Add **pinch of**  
**himalayan sea salt**

Allow tea to brew  
for 5-15 min until warm

Add **honey** if desired

**Strain gogi berries and eat!**



*Enjoy!*

***May your reality be radiant!***